

Also of Interest

Centering Prayer

Join us in the Cenacle on Wednesdays at 1:00 p.m. and/or on Zoom every Monday at 3:00 pm.

For more information, please contact: Mari-
anne Metzner: mariannemetznerlpc@gmail.com

Senior Ministry Bible Study Groups

**Breaking Open The Word Group – Dis-
cusses Sunday Readings.** Meets weekly,
via ZOOM, on Tuesdays resuming September
9th, 1 p.m.

Senior Ministry Board Members:

Cathi Brown
Mary Gail Hein
Laurie Metzler
Paul Root
Doris & David Sykora
Van Willey
Paula Willis

A Blessing for Old Age

May the light of your soul mind you

May all your worry and anxiousness
about becoming old be transfigured.

May you be given a wisdom with the
eye of the soul to see this beautiful
time of harvesting.

May you have the commitment to
harvest your life, to heal what has hurt
you, to allow it to come closer to you
and to become one with you.

May you have great dignity
May you have a sense of how free you
are

And above all may you be given the
wonderful gift of meeting the eternal
light and the beauty that is within you.

May you be blessed, and may you find
a wonderful love in yourself for your-
self.

From Anam Cara: A Book of Celtic Wisdom by John O'Donohue

Rev. Patrick Coakley, MSC—Pastor
Marti Salas—Pastoral Associate
Martha.salas@stcatherine-austin.org

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St. Catherine of Siena

Act Justly, Love
Tenderly, Walk Humbly



September—December
2026

www.stcatherine-austin.org/senior-ministry

Calendar of Events

September

Sept 10 - AI Part II — with Rod Whisnant. *The Artificial Intelligence World Is Changing Fast, Evolving Expectations.* Rod Whisnant will help us to understand the advances in AI and how we can navigate these changes. Learn about the Builder Artificial Intelligence Forum (BAIF) and efforts of church leaders and laity to shape the direction of AI for humanity.

Sept 17 – Fr Lou and the Church - Fr Lou Brusatti will conclude the series on the Papal Encyclicals. He will also speak about the Formation of Consciences for Faithful Citizenship, Catholic voting guidelines.

NOTE: this is happening the third week of September instead of the fourth week.

October

Oct 8 – Update on the Little Angels Service Team with Allison Manzer – Allison will speak on the current service activities of Fr. Ray Pothireddy in his India school and church programs, which we support. Enjoy watching a slide show of the children, teachers and their activities.

Oct 22 - Fr Lou and the Church - Fr Lou will speak about current Diocesan and Vatican News. He will begin to delve into Pope Leo's new encyclical, *Magnifica Humanitas*.

Our Mission

St. Catherine Senior Ministry is dedicated to enhancing the lives of seniors by providing meaningful and interactive spiritual, social, educational, outreach and inter-generational experiences that allow seniors to prosper and grow in union with God.

Our Beliefs

Seniors are vital members of our parish family

Seniors are supported and encouraged on their spiritual journey within our parish family

Seniors have many gifts, talents and life experiences to offer our parish family

Seniors provide new perspectives, wisdom and purpose to all parish members and areas of parish life.

Our Goals

To foster community

To encourage spiritual growth

To broaden intellectual horizons

To provide opportunities to be involved in parish outreach ministries

November

Nov 5 – Learn about the Orthodox Church - Learn about the similarities and differences between the Orthodox Church and the Roman Catholic Church.

Nov 19 – Fr. Lou and the Church- Exploring Pope Leo's new encyclical, *Magnifica Humanitas*, will continue.

December

Dec 3- Body and Brain Health for Seniors with Professor Richard Willis— Richard Willis, a retired professor from UT and faithful member of Senior Ministry, will share the latest scientific findings on what vitamins, minerals and nutritional supplements seniors should take for optimal health.

Dec 17 – Fr. Lou and a Christmas Party – Join us for brunch, listen as Fr. Lou continues to update us on Church happenings and enjoy singing Christmas carols.

For more information or to get on our mailing list Please contact Jennifer Gamblin in the church office

Jennifer.gamblin@stcatherine-austin.org

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